

# Autumn & Winter Menu



## Allergen Key

Eggs Fish

Lupin

Celery Cereals Molluscs Mustard Nuts Crustoceans Peanuts Sesame Seeds Soya Sulphur Dioxide

Week 1

Option 1

Monday

Chicken Curry G/M with Rice & homemade flatbread G/So & Seasonal Vegetables



Ve Five Bean Chili with Rice & a homemade Option 2 flatbread **G** & Seasonal Vegetables

Tuesday

V Margarita Pizza G/M Served with Pasta G & Seasonal Vegetables

Ve Vegetable Tagine served with Pasta © & Seasonal Vegetables Wednesday

Roast of the Day with Yorkshire Pudding E/G/ Creamed Potatoes M, Seasonal Vegetables & Gravy

Ve Veggie Sausage G served with a Yorkshire Pudding E/G/M Creamed Potatoes M, Seasonal Vegetables & Gravy **Quorn** PRO

Thursday

Beef Burger © in a Bun © with Potato Wedges & Baked Beans

Ve Vegan Burger G/So in a bun G with Homemade Potato Wedges & Seasonal Vegetables Enda

Friday

Mu N

So

Fish Fingers F/G with Chips, Carrots & Sweetcorn



V Cheese & Tomato Pinwheel E/G/M with Chips, Carrots & Sweetcorn

Option 3

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Cooks choice of cookie @

Chocolate Cracknel G/M

Honey Cake with Fresh Fruit E/G/M

Banana & Strawberry Yoghurt Muffin E/G/M müller

Fruit Crumble G with Custard M

Weeks Starting: 04.11.24 / 25.11.24 / 16.12.24 / 20.01.25 / 10.02.25 / 10.03.25 / 31.04.25

Week 2

Option 1

## Monday

Pasta @ Bolognaise with French Stick C &

Option 2

Seasonal Vegetables

Ve Dippers G with Homemade Sauce, Pasta © & Seasonal Vegetables **QUOTUPRO** 

## Tuesday

Big Breakfast G/Su with a Hash Brown, Baked Beans & Tomatoes

> Ve Veggie Breakfast with a Hash Brown, Baked Beans & Tomatoes **EUOILPRO**

## Wednesday

Roast of the Day with Stuffing C, Creamed Potatoes M, Seasonal Vegetables & Gravy

V Veggie Cottage Pie M So with Seasonal Vegetables & Gravy

## Thursday

✓ Cheese & Tomato Pizza G with Pasta & Seasonal Vegetables

Ve Veggie Balls ( in a homemade tomato sauce with Pasta & Seasonal Vegetables (QUOTUPRO)

# Friday

Fish Stars with Chips, Peas & Carrots

Ve Veggie Fingers with Chips, Peas & Carrots



Option 3

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Shortbread G

Lemon Slice E/G

Jelly & Fresh Fruit WIBBLE &

Chocolate Crunch & Fresh Fruit

Cornflake Tart G with Custard

Weeks Starting: 11.11.24 / 02.12.24 / 06.01.25 / 27.01.25 / 24.02.24 / 17.03.25

# **Шеек 3**

Option 1

### Monday

Chicken Pasta Bake G/M with Seasonal Vegetables & French Stick C

V Vegetable Pasta Bake G/M with Seasonal Vegetables Option 2 & French Stick G

## Tuesday

V Southern Style Burger in a bun with Potato Wedges & Baked Beans **QUOTILPRO** 

V Jacket Potato with Cheese M or Baked Beans & Seasonal Vegetables

## Wednesday

Sausages G/Su & Mashed Potatoes M, Seasonal Vegetables & Gravy

V Broccoli & Cauliflower Cheesy Bake with Seasonal Vegetables

### Thursday

Cottage Pie M & Seasonal Vegetables

Ve Vegan Sausage Roll ( with Creamed Potatoes M, Seasonal Vegetables & Gravy

## Friday

Fish Fingers F/G with Chips. Peas & Sweetcorn



**V** Macaroni with Peas & Sweetcorn

Option 3

Pasta Pot, Filled Jacket Potato or a Sandwich meal - Please speak with your school for their selection

Dessert

Cooks choice of Cookie C

Flapjack G

Sprinkle Cake E/G

Beetroot Brownie E/G with Fruit

Sticky Toffee Apple

Weeks Starting: 18.11.24 / 09.12.24 / 13.01.25 / 03.02.25 / 03.03.25 / 24.03.25



