

If you feel that you are being bullied: -

DO:

- * Tell them that it is not OK and to STOP if you can
- * Ignore them at the time
- * Walk away
- * Talk to a friend who you trust
- * **TELL A GROWN-UP.**



DON'T:

- * Get angry or look upset
- * Hit them or fight back
- * Keep it to yourself
- * Think it's your fault

What should I do if I see someone else is being bullied?

- * Support the person being bullied – you could offer to play with them.
- * Tell the bully to stop if it is safe to do so.
- * Tell an adult. Do not try to solve it yourself.
- * Don't stay quiet or the bullying will keep happening.

Our Headteacher, Governors and school staff will work together to:

- * Ensure our school is a place where everyone can feel safe and happy.
- * Help everyone to get along and solve any differences they have.
- * Make sure any bullying is stopped.



Growing together. Learning together. Achieving together



**Our Child-Friendly
Anti-Bullying
Policy**

What is Bullying?

In our school, a bully is someone who is deliberately mean over and over again.

A bully will do things on purpose to hurt, frighten or upset another person.

Bullying can be:-

- * Emotional: Hurting people's feelings, leaving you out
- * Physical: Punching, kicking, hitting, pushing
- * Verbal: Being teased, name calling
- * Racist: Calling you racist names
- * Cyber: saying unkind things by text, e-mail and on other social media like Facebook.

When is it Bullying?

Several

Times

On



Purpose

We will always treat bullying seriously



Who can I tell?

- * Mr Brown
- * Mrs Carr
- * Mrs Sibley
- * Mr Hussain
- * Your teacher
- * Your teaching assistant
- * An adult at home
- * A friend who you trust
- * Midday supervisors
- * Any person who you trust.

