

Subject Concept Grid PE

Inspire	Succeed	Excel	Competition	Physically-Demanding
Opportunities	Confident	Health	Fitness	Sport
Character Building	Fairness	Respect	Competence	Physical Activities
Active	Engaged	Movement	Co-operation	Agility
Balance	Co-ordination	Team	Tactics	Patterns
Actions	Sequences	Communication	Evaluate	Collaboration
Combinations	Attacking and Defending	Flexibility	Strength	Control
Adventurous	Performance	Improvement	Personal Best	Evaluate